

NUTRITION SITE NEWS – JANUARY 2017
NUTRITION SITE MANAGER MARGIE DOWNING
NUTRITION SITE TELEPHONE 482-7748

LUNCH IS SERVED MONDAY, TUESDAY AND THURSDAY AT 11:45 AM. YOU MUST BE 60 YEARS OF AGE OR OLDER AND A RESIDENT OF CHOWAN COUNTY TO QUALIFY AND YOU MUST FILL OUT A REGISTRATION FORM. SUGGESTED DONATION IS \$1.00 PER MEAL.

YOU MUST CALL 482-7748 BEFORE 1:00 PM THE WORKING DAY BEFORE FOR A RESERVATION FOR LUNCH.

YOU MUST SIGN IN EACH DAY THAT YOU EAT AT THE NUTRITION SITE. IF YOU ARE GOING TO EAT THE NEXT DAY, THERE IS A SPACE FOR YOU TO CHECK OR IF YOU'RE NOT EATING THE NEXT DAY WRITE DOWN WHEN YOU WILL RETURN.

OUR BIRTHDAY CELEBRATION WILL BE JANUARY 3RD AT 12:15. COME HELP US CELEBRATE THOSE BORN IN THE MONTH OF JANUARY.

ON WEDNESDAY JANUARY 18TH SOMEONE FROM SOCIAL SERVICES WILL BE HERE TO SIGN YOU UP FOR MEDICAID. YOU NEED TO MAKE AN APPOINTMENT.

ON TUESDAY, JANUARY 17TH AT 12:00 GLORIOUS ELLIOTT, OUR NC SENIOR TAR HEEL REPRESENTATIVE, WILL BE HERE FOR NC SENIOR TAR HEEL LEGISLATOR MONTH ADVOCACY EVENT. WE NEED YOUR INPUT. SHE WILL EDUCATE YOU ABOUT THE SENIOR TAR HEEL LEGISLATOR PROGRAM AND PROVIDE YOU THE OPPORTUNITY TO SHARE ANY ISSUES YOU FIND IMPORTANT.

SHOPPING SMART ON A BUDGET – MARY MORRIS WILL PRESENT THE PROGRAM ON TUESDAY, JANUARY 24TH AT 12:00.

**PLEASE MAKE SURE IF YOU SIGN UP FOR LUNCH YOU SHOW UP FOR LUNCH!
WE DO NOT WANT TO WASTE ANY MEALS.**

