



Sheriff Dwayne Goodwin



Are You O.K.? (R.U.O.K.) Program

What is R.U.O.K.?

Are You O.K.? (R.U.O.K.) is a computer-automated telephone reassurance system that contacts subscribers once each day. It's a totally FREE service offered to residents of Chowan County. There is no cost at all to any subscriber.

Is R.U.O.K. for me?

Do you live in Chowan County? If you are a senior citizen, if you are disabled, or you feel you would benefit from daily contact with the Chowan County Sheriff's Office, then R.U.O.K. is for you.

How does it work?

When you enroll in the program we will set up a short interview with you. During this interview, we will gather some important information, including contact information for your family, friends, neighbors, physicians and clergy.

The system will call you once each day. When you answer the telephone, the system plays a pre-recorded announcement. If the system doesn't receive an answer, the system will automatically call back a short time later.

If the system receives no answer on the second attempt, we will then have a Dispatcher call you. If we still cannot reach you we will dispatch a Deputy to check on you. If you do not answer the door we will begin contacting the people you have listed for us as your emergency contacts.

Why should I sign up for R.U.O.K.?

The system is designed to help us stay in touch with our seniors and disabled citizens who live alone. Many adult children of seniors already telephone their parents daily to check on their wellbeing. This system does the same thing, as an added reassurance.

Who decides what time I am called?

When you are interviewed for the program you will decide when you will be called.

What if I go away on vacation?

No problem. Just call at us before you leave with the dates you will be gone. The system will not call again until you return.

What if I have a doctor's appointment?

That's okay, just give us a call and we can program the system not to call on that particular day.

How do I get started?

Simply call the Chowan County Sheriff's Office at (252) 482-8484, a deputy will come to your location and help you fill out the Enrollment Form. Or you can come to the Sheriff's Office and we will be glad to help you fill it out there.