



Chowan County & The Town of Edenton UPDATE Coronavirus (COVID-19)

MARCH 12, 2020
BULLETIN #2 – PRESS RELEASE



County & Town Coronavirus (COVID-19) UPDATE

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- ▶ -The Control Group for the County and Town were briefed by Albemarle Regional Health Services (Health Department) staff and by Vidant Chowan Hospital Staff on All Hazards Planning and were provided up to date information on COVID-19.
- ▶ The Control Group will issue press releases with the latest guidance from state and local health officials as the information is received.
- ▶ On March 10, 2020 North Carolina Governor Roy Cooper issued an executive order declaring a State of Emergency. The declaration activates the State Emergency Operations Center to help agencies coordinate from one location and makes it easier to purchase needed medical supplies, protect consumers from price gouging, and increase county health departments' access to state funds. -- The State of Emergency does not include any restrictions.
- ▶ At the time of this press release there are no cases identified in our area.
- ▶ At the time of this press release there are no changes to the operations of County and Town Services



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- ▶ **The Health Department has a live link on their website which will take you to CDC informational updates on COVID-19. Visit <http://www.arhs-nc.org/>**

- ▶ **What will you find on this page?**

- ▶ Coronavirus Situation Summary
- ▶ Symptom Information
- ▶ Steps to prevent illness
- ▶ COVID-19 Facts
- ▶ Information for Travel
- ▶ Guidance for Schools, Daycares, Businesses, Employers, Healthcare Facilities, Community, Faith Based Organizations and others
- ▶ Links to CDC and World Health Organization response efforts
- ▶ So much more!



The following Slides are Informational Guidance
provided by both the local Health Department
(ARHS) and the
North Carolina Department of Health and Human
Services (NCDHHS)

Please help by sharing this information on Social
Media

SPREAD KINDNESS NOT ILLNESS

Know the **FACTS** about Coronavirus
(COVID-19) to stay healthy!



FACT #1

Someone who has completed quarantine or isolation does NOT pose a risk to others.

For the most recent guidance, visit www.cdc.gov/coronavirus or www.ncdhhs.gov/coronavirus



FACT #2

Education makes the difference!

Know the signs and symptoms: Fever, Cough, Shortness of Breath. Seek medical advice if you develop symptoms AND have been in contact with someone known to have COVID-19, OR have recently traveled to a high risk area. Before going to the doctor, call ahead and let the doctor's office know about your symptoms, travel or possible exposure so they can be prepared as well.



FACT #3

People are most contagious when they have symptoms.

It spreads between people who are in close contact with one another (within 6 feet) and through respiratory droplets when an infected person coughs or sneezes.

FACT #4

There are simple steps you can take to keep yourself and others healthy (works for flu and other illnesses, too).

- Wash hands with soap and water for 20+ seconds each time
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Stay home from work or school if you are sick
- Avoid close contact with people who are sick
- Cover your mouth and nose with a tissue when you cough or sneeze
- Throw away tissues after coughing, sneezing, or blowing your nose
- Clean and disinfect surfaces that are frequently touched



FACT #5

Your local health department, Albemarle Regional Health Services, is here to help and answer questions!

- Pasquotank County Health Department 252-338-4400
- Perquimans County Health Department 252-426-2100
- Camden County Health Department 252-338-4460
- Chowan County Health Department 252-482-6003
- Currituck County Health Department 252-232-2271
- Bertie County Health Department 252-794-5322
- Gates County Health Department 252-357-1380
- Hertford County Health Department 252-862-4054



NC DHHS is working with local communities



Individuals and Families

Hospitals and health care providers



Businesses and Employers

Colleges, Schools, and Child Care

Long-term Care Facilities



Travelers

If people feel sick with fever, cough, or difficulty breathing and have traveled to affected geographic areas or were in close contact with someone diagnosed with COVID-19 in the past 14 days, they should:



Contact your **doctor or local health department**



Call ahead and give history before going to the clinic, urgent care, or emergency room **to avoid exposing others**

At high risk for severe illness include people:

- **Over 65 years of age**
- **Or with underlying health conditions including**
 - Heart disease, lung disease, or diabetes
 - Or with weakened immune systems
- **Caregivers of children with underlying health conditions should consult healthcare providers about whether their children should stay home**